

## WELCOME TO A YEAR OF...

### BEING MORE FULLY HUMAN IN A TIME OF UNCERTAINTY

In 2019 we are exploring how to be more fully ourselves, as alive as God created us to be, despite the uncertainty that life brings. May you take the time to invest...in you! Keep reading to see our line-up of educational, spiritual and community building opportunities, and consult the events page on our website ([www.stjohnsottawa.com/events](http://www.stjohnsottawa.com/events))



### PANCAKE SUPPER

**TUESDAY, MARCH 5<sup>TH</sup>**  
**5.30 TO 7.30 PM ~ ST LUKE'S**

St Luke's Anglican Church, St John the Evangelist Anglican Church, St Luke's Table and The Well are pleased to be working collaboratively on this event. A free will offering will be gratefully received. For catering purposes, tickets will be available at both Community Ministries and both church offices, or online ([www.eventbrite.ca/e/pancake-supper-tickets-56561446810](http://www.eventbrite.ca/e/pancake-supper-tickets-56561446810)). You won't want to miss this neighbourly event!



### PWRDF SUPPER

**WEDNESDAY, MARCH 6<sup>TH</sup>**  
**5.30 PM ~ THE WELL**

Come celebrate the 50<sup>th</sup> anniversary of the Primate's World Relief and Development Fund ([www.pwrdf.org](http://www.pwrdf.org))! Our guest speaker will be Albert Dumont, Algonquin Spiritual Teacher in Residence at Christ Church Cathedral Ottawa (<https://tinyurl.com/Albert-Dumont>). Contributions of home-made soup, bread or rolls, and butter are welcome. Please sign up on the bulletin board in the hallway.



### ASH WEDNESDAY

**WEDNESDAY, MARCH 6<sup>TH</sup>**

**ASHES TO GO**  
**NOON TO 1 PM & 4.30 TO 5.30 PM**

Drop in to the church and spend a few moments in reflection and prayer, receive the mark of ashes on your forehead, and begin your Lenten journey.

**IMPOSITION OF ASHES & EUCHARIST**  
**7.30 PM**

Participate in this lovely communal time of worshipping God, receiving ashes, and sharing in the Lord's Supper.

### LENTEL WEEKDAY EUCHARIST

**WEDNESDAYS,**  
**MARCH 13<sup>TH</sup>, 20<sup>TH</sup>, 27<sup>TH</sup>, APRIL 3RD**  
**12.15 PM ~ CHURCH**

An opportunity to pause midweek and spend some moments in communal prayer. All welcome!



## GOD AND NATURE WORKSHOP

SATURDAY, MARCH 9<sup>TH</sup>  
9 AM TO NOON ~ ST LUKE'S

Interested in learning more about how our faith in God connects with the natural world we live in...and deepening that connection? Then join us for two half-day workshops that will engage both our minds and bodies through scripture, poetry, conversation, silence, music, walks. This first workshop will be at the St Luke's labyrinth (760 Somerset Street West). A second workshop, "God and Nature: Deepening the Connection with an Immersive Walk in the Gatineau Hills" will take place after Easter. Details to follow.



## PRAYING IN AN AGE OF UNCERTAINTY

WEDNESDAYS,  
MARCH 20<sup>TH</sup>, 27<sup>TH</sup> & APRIL 3RD  
7 PM ~ CHAPEL

It sometimes seems that the problems in our society and the world are too difficult to understand and respond to with prayer. And yet, we do have an obligation to respond to Paul's encouragement to "pray without ceasing." If ever prayer was needed, it is now. Over three weeks, this workshop will approach, in practical terms, the Why, How, When and Where to engage in prayer. Led by our Bishop in Residence, Dennis Drainville.



## MORE INFO/TO REGISTER

Visit the website, contact the Office, or check out the bulletin board.

Laura Macdonald, Administrator

Monday to Friday ~ 9 am to 1 pm  
(613) 232-4500  
[laura@stjohnsottawa.ca](mailto:laura@stjohnsottawa.ca)  
[www.stjohnsottawa.com](http://www.stjohnsottawa.com)  
154 Somerset Street West  
Ottawa, ON, K2P 0H8

# EARLY SPRING 2019

EDUCATIONAL,  
SPIRITUAL &  
COMMUNITY  
BUILDING  
OPPORTUNITIES

COME...GROW!



 **ST. JOHN THE EVANGELIST**  
ANGLICAN CHURCH